

## Aquatic Therapy



### Aquatic Therapy

- Underwater bike and treadmill
- Water is set at 93° F
- Hydraulic lift into the pool
- Low impact exercises
- Warm therapeutic environment
- Decreases effect of gravity on joints



### Underwater Treadmill

**All Your  
Needs in  
One  
Facility**

### What we treat

- Low Back Pain
- Neck Pain
- Joint Replacement
- Work Injuries
- Auto Injuries
- TMJ / TMD
- Prenatal Therapy
- Tendonitis
- Sports Related Injuries
- Gait Instability
- Arthritis
- Neurological Disorders
- Bursitis
- Post-Surgery
- Sprains / Strains
- Sciatica
- Rotator Cuff Injuries
- Fibromyalgia

## Land Therapy



### Available Modalities

- Electro-stimulation
- Ultrasound
- Phonophoresis
- Iontophoresis
- Hydrotherapy
- Therapeutic Exercises
- Gait Training
- Therapeutic Massage with Sombra



## Accepted Insurances:

AETNA

Automobile Accident Insurance

Blue Cross/Blue Shield

Blue Care Network

Cigna

Cofinity

Coventry Health

HAP HMO/PPO

Health Plus

Medicare

Medicare Advantage

PPOM/Humana

Priority Health

Tri-Care Standard-Prime

United Health Care

Workers Compensation Plans

*“The **ADVANCED** way  
to physical therapy and  
rehabilitation”*



**Celebrating 15 Years  
In Business**



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